

Lesson Plan - Session 21 – Step 7 – Being Humble

Time	Activity
0:00	Opening Prayer Plan for the session Catch-up Sharing Questions/Discussion on Step 7 Sharing Exercises S7-1 Assignments
0:05	Catch-up Sharing Questions
0:20	Sharing – Exercise S7.1 Ask several men to share their reflections and writings in Exer S7.1. Begin with Question 1 – what does it mean to be humble? Allow 1-2 minutes each. Allow discussion, cross talk, and other feedback. Encourage each man to expand his notes with thoughts from others that are most relevant. Repeat for Questions 2 & 3 – Humble actions you have taken. As sharing continues, please do not repeat a previous example. Again, encourage each man to expand his list with actions of other men that resonate with him.
1:15	Next Assignment – Exercise S7.2 Review – 5 most painful, pain-inducing character defects Identify pain caused, be specific – give an example Prayer for removal of each. All 5 reflections and prayers will likely fit on 1-2 pages
1:25	Final questions or comments Closing Prayer
1:30	Adjourn – may leave meeting open for additional discussion

LEADER NOTES

Supplemental Documents – website – Steps 6 and 7 – see Lesson Plans 19 and 20 for notes.